

BOOK  
DIRECTLY

All hikes, workshops and company tours can be easily booked online via QR code! Guests of Nature Park partner businesses are asked to book directly at the reception of their accommodation!



## NATURE PARK ÖTZTAL

Nature Park House  
Oberlängenfeld 142  
A-6444 Längenfeld  
T +43 (0)5253 20201  
office@naturpark-oetztal.at  
www.naturpark-oetztal.at



## Ötztal Tourismus

Achweg 6  
A-6450 Sölden  
T +43 (0)57200 0  
info@oetztal.com  
www.oetztal.com



EVENTS &amp; GUIDED WALKS 2024

SUMMER  
PROGRAM

## INFO

EXHIBITION - NATURE PARK HOUSE 10 JUNE - 12 OCT. 24

The exhibition „Rough times for wild chickens“ is being shown at the Nature Park House in Längenfeld to mark this year's Nature Park annual focus on „Sustainability - Biodiversity“.

MON, 3:00 - 7:00 p.m. & TUE-SAT, 10:00 a.m. - 5:00 p.m. (FREE)

## EVENTS

SAT, 8 JUNE 24

SHEEP DRIVE  
TO SUMMER  
QUARTERS

VENT

INTERMEDIATE, time 6hrs, ↑↓600 m  
Meet here: 7:30 a.m., Ötztal Tourismus - Vent  
Return: approx. 5:00 p.m.

HIKING

BOOK  
DIRECTLY

FRI, 21 JUNE 24

THE RETURN OF  
THE BEARDED  
VULTURE

SÖLDEN

EASY, time 1,5hrs, ↑↓100 m  
Meet here: 2:00 p.m., Ötztal Tourismus - Sölden  
Return: approx. 6:00 p.m.

8 TREASURES FAMILY HIKE



FRI, 28 JUNE 24

SECRET  
RESIDENTS OF  
THE BRANDSEE  
LAKE

FRONT VALLEY

EASY, time 1,5hrs, ↑↓100 m  
Meet here: 1:30 p.m., Haiminger Sattele  
Return: approx. 5:30 p.m.

8 TREASURES FAMILY HIKE



FRI, 5 JULY 24

IN THE  
REALM OF  
BUTTERFLIES

UMHAUSEN

EASY, time 2hrs, ↑↓200 m  
Meet here: 10:00 a.m., Niederthai - parking Sennhof  
Return: approx. 1:00 p.m.

8 TREASURES FAMILY HIKE



FRI, 12 JULY 24

AGRICULTURE  
QUO VADIS

UMHAUSEN

EASY, time 2,5hrs, ↑↓450 m  
Meet here: 3:00 p.m., Umhausen - parking Zentrum  
Return: approx. 8:00 p.m.

HIKING



FRI, 19 JULY 24

BAT NIGHT

OETZ

EASY, time ¾hr  
Meet here: 8:00 p.m., Hotel Seerose - Oetz/Piburg  
Return: approx. 10:00 p.m.

8 TREASURES FAMILY HIKE



FRI, 26 JULY 24

„MAJA“  
THE BEE &  
THE WILD BEES

LÄNGENFELD

EASY, time 30 min., visit and „netting“  
Meet here: 1:00 p.m., Natur Park House - Längenfeld  
Return: approx. 5:00 p.m.

8 TREASURES FAMILY HIKE



FRI, 9 AUG. 24

MUSHROOM  
EXPEDITION  
TO THE WOOD-  
WIDE-WEB

UMHAUSEN

EASY, time 1hr, ↑↓50 m  
Meet here: 2:00 p.m., Niederthai - Nordic Sports Arena  
Return: approx. 5:00 p.m.

8 TREASURES FAMILY HIKE



FRI, 23 AUG. 24

VENT RIVER -  
LIFELINE  
FOR WHOM?

VENT

EASY, time 1hr, ↑↓200 m  
Meet here: 2:00 p.m., Ötztal Tourismus - Vent  
Return: approx. 4:30 p.m.

8 TREASURES FAMILY HIKE



FRI, 30 AUG. 24

ROCK`N`ROLL,  
MAGNIFICENT  
MINERALS

OBERGURGL

INTERMEDIATE, time 3hrs, ↓600 m  
Meet here: 9:30 a.m., Hohe Mut cable car - valley station  
Return: approx. 3:30 p.m.

8 TREASURES FAMILY HIKE



TUE, 03 SEP. 24

STARGAZING

VENT

EVENT AS PART OF VENT UNPLUGGED  
Meet here: 9:00 a.m., Ötztal Tourismus - Vent  
Duration: approx. 2.5hrs

LECTURE + STARGAZING



## WEEKLY HIKES AND EVENTS

MONDAY

BOOK  
DIRECTLYKÖFLER  
WAALWEG  
TRAIL

UMHAUSEN

3 JUNE - 7 OCT. 24

INTERMEDIATE, time 5hrs, ↑580 m ↓800 m  
Meet here: 9:30 a.m., Ötztal Tourismus - Umhausen  
Return: approx. 5:00 p.m.

ON THE TRAIL  
OF GARNET  
GEMSTONES

OBERGURGL

24 JUNE - 9 SEPT. 24

INTERMEDIATE, time 4,5hrs, ↑585 m  
Meet here: 9:00 a.m., Ötztal Tourismus - Gurgl  
Return: approx. 3:30 p.m.

ARNICA,  
ÖTZI &  
MORE ...

VENT

3 JUNE - 30 SEPT. 24

INTERMEDIATE, time 4hrs, ↑↓450 m  
Meet here: 9:45 a.m., Ötztal Tourismus - Vent  
Return: approx. 4:30 p.m.



CINEMA MONDAY! Every Monday starting at 7:00 p.m. from 15 July to 16 September 24 in the Nature Park House in Längenfeld - as part of the Innsbruck Nature Film Days!

## WEEKLY HIKES AND EVENTS

TUESDAY

BOOK  
DIRECTLYLANTERN  
LIGHT  
ADVENTURE

FRONT VALLEY

4 JUNE - 15 OCT. 24

EASY, time 1,5hrs, ↑↓90 m  
Meet here: 7:30 p.m., Pool Oetz, WIDIs Sommernest  
Return: approx. 10:00 p.m.

PASTURE  
HIKE

UMHAUSEN

4 JUNE - 8 OCT. 24

INTERMEDIATE, time 5hrs, ↑500 m ↓750 m  
Meet here: 8:30 a.m., Ötztal Tourismus - Niederthai  
Return: approx. 3:30 p.m.

UNIQUE  
NATURAL  
HERITAGE

LÄNGENFELD

25. JUNE - 10 SEPT. 24

GUIDED TOUR through the multimedia exhibition  
Meet here: 11:00 a.m., Nature Park House - Längenfeld  
Duration: approx. 45 minutes

IN THE REALM  
OF THE BEARDED  
VULTURE

SÖLDEN

25 JUNE - 15 OCT. 24

DEMANDING, time 4,5hrs, ↑400 m ↓1050 m  
Meet here: 9:50 a.m., Ötztal Tourismus - Sölden  
Return: approx. 5:00 p.m.



## WEEKLY HIKES AND EVENTS

WEDNESDAY

BOOK  
DIRECTLYAUERKLAMM  
EXPERIENCE

OETZ

5 JUNE - 16 OCT. 24

INTERMEDIATE, time 4hrs, ↑↓300 m  
Meet here: 8:50 a.m., Ötztal Tourismus - Oetz  
Return: approx. 2:30 p.m.

4 LAKES  
TRAIL

LÄNGENFELD

5 JUNE - 2 OCT. 24

DEMANDING, GZ 7hrs, ↑1000 m ↓1050 m  
Meet here: 8:00 a.m., Ötztal Tourismus - Längenfeld  
Return: approx. 4:45 p.m.

RESEARCH  
WITH US!

LÄNGENFELD

26 JUNE - 11 SEPT. 24

DISCOVERY STATION for the young & old  
Meet here: 2:00 p.m., Nature Park House - Längenfeld  
Duration: until 4:30 p.m.

GLACIERS,  
GEOLOGY &  
HISTORY

VENT

5 JUNE - 2 OCT. 24

INTERMEDIATE, time 4hrs, ↑↓600 m or ↑↓300 m (lifts)  
Meet here: 9:45 a.m., Ötztal Tourismus - Vent  
Return: approx. 4:30 p.m.



## WEEKLY HIKES AND EVENTS

THURSDAY

BOOK  
DIRECTLYTHE GRASTAL  
LAKE IN ITS  
PEACEFUL  
VALLEY

UMHAUSEN

6 JUNE - 10 OCT. 24

INTERMEDIATE, time 6hrs, ↑↓780 m  
Meet here: 8:30 a.m., Ötztal Tourismus - Niederthai  
Return: approx. 4:00 p.m.

PLACE OF  
STRENGTH:  
LEHNER  
WATERFALL

LÄNGENFELD

6 JUNE - 3 OCT. 24

EASY, time 3hrs, ↑↓300 m  
Meet here: 10:00 a.m., Ötztal Tourismus - Längenfeld  
Return: approx. 3:00 a.m.

ETZTOLER  
MARGGET

LÄNGENFELD

27 JUNE - 12 SEPT. 24

The little Ötztal market  
Meet here: 2:00 p.m., Nature Park House - Längenfeld  
End: approx. 4:30 p.m.

PANORAMA  
TRAIL  
TO VENT

VENT

6 JUNE - 3 OCT. 24

INTERMEDIATE, time 5hrs, ↑110 m ↓960 m  
Meet here: 9:10 a.m., Ötztal Tourismus - Sölden  
Return: approx. 4:00 p.m.



## WEEKLY HIKES AND EVENTS

FRIDAY

BOOK  
DIRECTLYSUMMIT  
BREAKFAST  
WITH A VIEW

FRONT VALLEY

14 JUNE - 18 OCT. 24

INTERMEDIATE, time 3hrs, ↑↓400 m  
Meet here: 7:30 a.m., valley station Acherkogel gondola  
Return: approx. 1:00 p.m.

MIRACLE  
FIBRE  
WOOL

UMHAUSEN

7 JUNE - 15 NOV. 24

GUIDED TOUR, German, English or Italian  
Meet here: 9:30 a.m., Schafwollzentrum - Umhausen  
Duration: approx. 45 - 60 minutes

ADVENTURE IN  
THE BOULDER  
MAZE

LÄNGENFELD

7 JUNE - 4 NOV. 24

INTERMEDIATE, time 4,5hrs, ↑↓435 m  
Meet here: 8:45 a.m., Parking Au-Winklen  
Return: approx. 4:30 p.m.

GLACIER  
EXPLORATION

OBERGURGL

21 JUNE - 13 SEPT. 24

INTERMEDIATE, time 5hrs, ↑130 m ↓800 m  
Meet here: 9:00 a.m., Ötztal Tourismus - Gurgl  
Return: approx. 4:00 p.m.



## WEEKLY HIKES AND EVENTS

SATURDAY

BOOK  
DIRECTLYON  
FARMER`S  
TRACKS ...

SÖLDEN

15 JUNE - 5 OCT. 24

EASY, time 2hrs, ↑20 m ↓450 m  
Meet here: 10:00 a.m., Ötztal Tourismus - Sölden  
Return: approx. 2:30 p.m.



SUNDAY

SUNRISE &  
MOUNTAIN  
BREAKFAST

SÖLDEN

23 JUNE - 6 OCT. 24

INTERMEDIATE, time 4hrs, ↑470 m ↓400 m  
Meet here: June + July 5:30 a.m., Aug. 5:45 a.m.,  
Sept. 6:00 a.m., Ötztal Tourismus - Sölden  
Return: approx. 12:30 p.m. (depending on start time)

ON THE  
TRACKS  
OF ÖTZI

OBERGURGL

23 JUNE - 15 SEPT. 24

INTERMEDIATE, time 4hrs, ↑↓400 m  
Meet here: 10:00 a.m., Ötztal Tourismus - Gurgl  
Return: approx. 3:30 p.m.



## GOOD TO KNOW AND COSTS



- Booking ONLY required for hikes, workshops and company tours! Booking deadline is 5 p.m. the day before.
- Hikes € 20,00 per adult, children born in 2017 (and younger) FREE OF CHARGE.
- Weekly hikes, lectures & other individual events: For guests of Nature Park partner businesses and Ötztal Summer Card holders FREE (excl. additional costs), unless otherwise stated!
- Participants (single events): min. 1 / max. 15 persons – unless noted otherwise!
- For Nature Park partner business guests – book directly at the accommodation's reception
- Weekly hikes from 03 June - 18 October 2024
- Ötztal Summer Card valid 1 June - 06 October 2024
- You take part in the hikes/events at your own risk – hiking equipment absolutely required: sturdy hiking boots, warm clothes, rainwear, sunscreen, food, enough to drink
- Program may be changed/postponed at short notice (in case of unfavorable weather) by the organizing team.
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## ÖTZTAL NATURE PARK SHORT PROFILE



The ÖTZTAL NATURE PARK comprises different environmentally protected areas in the Ötztal. The protected area stretches from the valley floor up to high Alpine glacier regions. Its highest point is Wildspitze peak at 3,768 m above sea level. The mountain villages of Vent (cradle of the Alpine Association) and Obergurgl (Tirol's highest parish), as well as Niederthai/Umhausen and Gries/Längenfeld are located right at the heart of the ÖTZTAL NATURE PARK – making a perfect base for mountain exploration.

The splendid ÖTZTAL NATURE PARK comprises a number of almost untouched, **protected mountain areas in the Ötztal Alps and Stubai Alps** which are characterized by fascinating high Alpine landscapes and huge glacier regions. The **unspoilt forest areas** in Sölden's **Windachtal** feature century-old stone pine populations. The precipitous **Engelswand** rock face near Umhausen, an official **Tirolean and European Natura 2000 Preserve**, offers an insight into the varied flora and fauna in an almost vertical habitat. Another protected area can be found at the entrance to the Ötztal: the huge **Achstürze-Piburger See** region boasts an idyllic mountain lake amidst a huge landslide area.

The 5 main aims of the ÖTZTAL NATURE PARK are to protect nature, preserve unspoilt landscapes, increase recreational values and promote scientific and cultural research in the region. Both the ÖTZTAL NATURE PARK association and administration office can be found in Längenfeld.

Mobile Timetable - The fastest link to your destination with [vvt.at/smartride](http://vvt.at/smartride)

### THE VALLEY'S BUS LINES

Explore Tirol's longest side valley by bus. Thanks to a huge number of 111 bus stops spread all over the region, you can easily reach the highlights in the Ötztal by public bus. You can easily reach most of our events by using public bus lines running on a regular basis within the valley! With the Ötztal Summer Card you can use the public transport free of charge, for Guest Card holders at a reduced rate.

[vvt.at](http://vvt.at) oder [oetztaletal.at](http://oetztaletal.at) T +43 (0)5254 3550

## NATURE PARK HOUSE

### MULTIMEDIA NATURE EXPERIENCE EXHIBITION

The NATURE PARK HOUSE in Längenfeld provides a unique information hub for nature in Ötztal. The dual language (ger/eng) multimedia nature EXPERIENCE exhibition shows - across close to 300m<sup>2</sup> - the outstanding features of the plants, animals and habitats of Ötztal. Ultra-modern display methods such as holograms, virtual reality glasses and sense stations are used, as are clear display boards, pictorial presentations and carefully made exhibits.

**OPENING HOURS:** 10 June-12 Oct. 2024, MON, 3:00-7:00 p.m. & TUE - SAT, 10:00 a.m. - 5:00 p.m.

**TIP:** From 10 June - 12 October 2024, the exhibition „Rough times for wild chickens“ will take place on the occasion of the Nature Park's annual focus topic „Sustainability - Biodiversity! (FREE)

Nature Park House . Oberlängenfeld 142 . 6444 Längenfeld  
T +43 (0)5253 20201 . [www.naturpark-oetztal.at/nature-park-house](http://www.naturpark-oetztal.at/nature-park-house)

## THE RETURN OF THE BEARDED VULTURE

### 12 - 20 OCTOBER 24 INTERNATIONAL BEARDED VULTURE COUNTING DAYS

The international **bearded vulture counting days** will take place in October this year. All interested parties are invited to go on a mountain hike in the days from **12 to 20 October 2024** and keep an eye out for bearded vultures. The **focus** of the observation days is on **SAT, 12 October** (focus time: 9:00-15:00). So if you are travelling in the Ötztal Nature Park in October, please **report your sightings** to [bartgeier@tirol.gv.at](mailto:bartgeier@tirol.gv.at).

**Important:** Place of observation, time of observation and, if possible, individual characteristics of the bird (colouring of the head and breast feathers, markings such as bleached feathers or ringing, moulting gaps). Of course, we would also be delighted to receive photos or videos of your sightings!

You can find more information about these exciting birds, which are fortunately back in Ötztal, at [www.naturpark-oetztal.at/bearded-vulture](http://www.naturpark-oetztal.at/bearded-vulture)

THEME TRAIL

## FASCINATION GLACIER

OF GLACIERS, GARNETS & BELLFLOWERS

Having arrived on the Hohe Mut, a breathtaking view across the high alpine glacier world of the inner Ötztal awaits you. You are surrounded by 21 three-thousand-meter peaks. Embark with us on an exciting journey through the high mountains shaped by glaciers.

THEME TRAIL

## FASCINATION GEOLOGY

OF ROCK GLACIERS AND MORAINES

The Ötztal valley fascinates with its magical diversity. We would like to invite you to discover the valley with open eyes and learn to read the landscape. Embark with us on a „deep“ journey of discovery and immerse yourself in the fascination of geology.

THEME TRAIL

## ON THE WAY WHERE ÖTZI LIVED

ARCHAEOLOGY IN THE AREA AROUND OBERGURGL

Open your senses and embark on a journey to a time long gone. Marvel at and discover the impressive traces of thousands of years of human life in the mountains around Obergurgl.

THEME TRAIL

## AROLLA PINE TRAIL OBERGURGL

4.4 KM - 150 M - 2HRS AN ALPINE EDUCATIONAL TRAIL

All stops on the Arolla Pine Trail and in the brochure are numbered. The brochure will give you additional information, inspiration and food for thought for every stop. Time to discover some exceptional views and vistas!

TASTY

## EPPAS GUETS

FARM PRODUCTS AND DIRECT MARKETING IN THE ÖTZTAL NATURE PARK

This brochure is intended to help you bring the specialties of the Ötztal back home onto your plate. A return to local quality benefits you as a consumer, as well as the local farmers and producers - „Something good“ so to say.

INFORMATION

## NATURE PARK INSIGHT

OVERVIEW ABOUT THE NATURE PARK ÖTZTAL

This brochure gives you a general overview of the different categories of protected areas, the two protected areas Ötztal Alps and Stubai Alps, the nature reserve Engelswand as well as the landscape protection area Achstürze-Piburger See.